

**ASSOCIATE IN ARTS
PHYSICAL AND HEALTH EDUCATION
Course Selection Guide
Updated Summer 2024**

Degrees

- x ECU: [BS in Physical Education](#)
- x NC Central: [BS in Kinesiology, Physical Education Licensure Concentration](#)
- x UNC Pembroke: [BS in Health/Physical Education \(K-12\)](#)
- x UNC Wilmington: [BA in Healthful Living and Fitness Education](#) (Students could complete the ASTP degree)

For more detailed transfer information, refer to the [Transfer Guides](#).

Jobs Associated with These Degrees

PE/health teacher, athletic coach, health and wellness coordinator, high school/college athletic director, adventure/outdoor educator, fitness instructor, certified personal trainer, sports scout, and, with additional graduate school, exercise physiologist, physical therapist, recreation and fitness professor.

General Education – 45-46 SHC (“Semester Hours of Credit”)

Universal General Education Transfer Component (UGETC) Courses (31 -32 SHC)

English Composition (6 SHC)

Durham Tech / UGETC Requirement	NCCU	ECU	UNCP	UNCW
ENG 111 Writing & Inquiry	ENG 111	ENG 111	ENG 111	ENG 111
ENG 112 Writing/Research in the Disciplines	ENG 112	ENG 112	ENG 112	ENG 112

Humanities/Fine Arts (H/FA) (9 SHC)

Additional General Education Transfer Hours (13 -14 SHC)

Foreign Language (3 SHC)

Durham Tech Gen Ed Requirement	NCCU	ECU	UNCP	UNCW
Foreign Language (3 SHC): Choose from American Sign Language, Arabic, French, German, or Spanish.	FL 112	FL 112 required by Durham Tech	FL 112 required by Durham Tech	FL 112 .6C1630.88.3.32 -.